

# Autumn

## Carpe Diem!

Welcome to our new edition of our Autumn Newsletter with the theme being “Seize the Day, Today – Making your vision a Reality”.

The old Romans had a word for it “Carpe Diem”, this motto remains powerful as the combination of a well lived 24 hours and planning in place for the future, best positions us to attain our goals & dreams.

Inside this issue there are a number of interesting articles to help bring you up to speed with the changing times and also navigating changes in your life and financial circumstances.

Whether your driving factors are how best to access your hard earned pension pots in the most effective way for yourself and family or investing in positive social environmental savings plans to meet long term goals we are here to help you.

As a qualified Life Coach and Financial Planner I understand the importance of being in alignment with what’s important to you and having a financial plan in place that you can run with over the long distance.

Whether its in the smallest details or the bigger decision making it is important to be fully informed so that you can be best placed for your given choices utilising our ongoing reviews.

Whatever stage in life you are, valuing your choices in today with a clear direction in mind will enable you to make your vision a reality.

We are here to help you plan and enjoy your life at every stage and so should you wish to talk to us for an initial discussion or for a review to assess how close you are to achieving your goals then please get in touch with us.

I hope that you find this current newsletter of interest and wish you every success in your pursuit of financial peace of mind and freedom to do with your time what you want.

Best Wishes

A handwritten signature in black ink that reads "Julia". The script is fluid and cursive, with a large initial 'J' and a long, sweeping tail on the 'a'.